## STEIN'S BACELS AND GOURMET DELI



### **Montvale** 106 Chestnut Ridge Rd., Montvale, NJ 07645 201-782-0087 • f: 201-782-0098

Park Ridge 73-C Park Ave, Park Ridge, NJ 07656 201-746-6597 • f: 201-746-6599

**Westwood** 419 Broadway, Westwood, NJ 07675 201-383-0392 • f: 201-383-0393

## MICHTY BREAKFAST

ONE EGG	\$1.75	SAUSAGE AND EGG	\$2.75
DOUBLE EGG	\$2.25	SAUSAGE, EGG AND CHEESE	\$3.20
EGG WHITES	\$2.25	LOX, EGGS AND ONIONS	\$5.20
EGG & CHEESE	\$2.20	HOBO/\$080/B080	\$3.75
HAM AND EGG	\$2.75	Ham, bacon or sausage with scrambled egg, and potatoes on a roll or bagel.	cheese
TAYLOR HAM AND EGG	\$2.75	BAGEL PANINI WITH	
TURKEY AND EGG	\$3.25	CREAM CHEESE	\$2.75
TURKEY, EGG, AND CHEESE	\$3.75	FLAVORED CREAM CHEESE	\$3.50
HAM, EGG, AND CHEESE	\$3.20	BAGEL PANINI GRILLED CHEESE	\$4.50
BACON AND EGG	\$2.75	BAGEL PANINI WITH NUTELLA &	
BACON, EGG AND CHEESE	\$3.20	PEANUT BUTTER	\$2.95
BAGIS		BIAINS & FLACELS	
BAGEL	\$0.85	BIALY	¢4.00
	\$U.00		\$1.00
BAGEL WITH,		FLAGEL	\$1.25
BUTTER	\$1.50	BIALY OR FLAGELS WITH	
CREAM CHEESE	\$1.75	BUTTER	\$2.00
FAT FREE CREAM CHEESE	\$2.00	CREAM CHEESE	\$2.25
FAT FREE SCALLION CREAM CHEESE	\$2.75	FLAVORED CREAM CHEESE	\$3.00
FAT FREE VEGGIE CREAM CHEESE	\$2.75	WALNUT RAISIN CREAM CHEESE	<i>\$3.75</i>
LOW FAT CREAM CHEESE	\$2.00	LOX SPREAD	<i>\$3.75</i>
LOX SPREAD	\$3.25	CREAM CHEESE & SLICED NOVA	\$7.45
OLIVE CREAM CHEESE	\$2.50	CEDEC .	
SCALLION CREAM CHEESE	\$2.50	STAVES	
SUN-DRIED TOMATO CREAM CHEESE	\$2.50	EXTRA EGG	\$0.50
VEGGIE CREAM CHEESE	\$2.50	EXTRA CHEESE	\$0.45
WALNUT RAISIN CREAM CHEESE	\$3.25	SIDE SAUSAGE	\$0.75
PEANUT BUTTER	\$1.75	SIDE BACON	
CREAM CHEESE & SLICED NOVA	\$6.95		\$1.00
		SIDE HASH BROWNS	\$1.00
		JELLY	\$0.25
		TOMATOES	<i>\$0.25</i>
		OUR LARGE 6 OZ, MUFFIN	\$1.75
		TOASTED MUFFIN WITH BUTTER	\$2.00

### BREAKTAST SPECTALS

CREATE YOUR OWN OMELET

\$4.50

WEEKEND SPECIAL

\$14.50

3 Eggs, your choice of cheese, vegetable, one meat, & bread or bagel

1/4 Lb. of smoked salmon, 1/2 dozen bagels, & 1/2 lb. cream cheese (for flavored cream cheese add

BAGEL MANIA DAY

\$6.95

\$0.75) For Saturday and Sunday only

Wednesday is Bagel Mania Day,

Discount on 1 dozen bagels

### THE HEALTH BREAKTAST

(Order by Number)

### 2 EGG WHITES WITH TOMATOES & FAT FREE AMERICAN CHEESE ON AN 8-GRAIN BAGEL

(1) Add scallions

\$2.75

(3) Add sliced turkey

\$4.00

(2) Add diced mixed vegetables

\$3.00

(4) Add sautéed spinach

\$3.00

## (All served with a small side of mixed green salad)

GRILLED CHICKEN

\$6.45

Lettuce, tomatoes, fat-free Italian dressing in a whole wheat wrap

GRILLED CHICKEN WITH VEGGIES

\$7.25

Melted fat-free mozzarella with grilled vegetables panini style on multi-grain flat bread

BAKED ZITI

\$5.50

Penne, tomato sauce, and fat-free mozzarella cheese baked on top

\$6.45

(D) OVEN GOLD TURKEY Mixed greens, sliced apple on whole wheat bread

FAT FREE TUNA

\$6.25

(E) Lettuce, tomatoes, cucumber in a whole wheat wrap

FAT FREE CHICKEN SALAD

\$6.45

Over fresh baby spinach

TOPLESS CHICKEN PARMESAN Grilled chicken, tomato sauce, fat-free American cheese on a platter

\$6.45

98% LEAN BUFFALO BURGER (H)

\$5.25

ONLY 8 (I)

8 oz. container \$2.25 12 oz. container \$2.75

All natural, sugarless frozen yogurt - only 8 calories per ounce



SANDUMGHES

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Tuna caran	ROLL	HERO	MULTI GRAIN	BREAD	
TUNA SALAD	\$5.00	\$6.25	\$5.25	\$5.50	
VEGGIE TUNA SALAD	\$5.25	\$6.50	<i>\$5.50</i>	\$5.75	
SEAFOOD	\$5.45	\$6.70	\$4.70	\$5.95	
EGG SALAD	\$4.25	\$5.50	\$4.50	\$4.75	
CHICKEN SALAD	\$5.45	\$6.70	\$4.70	\$5.95	
WHITEFISH SALAD	\$5.75	\$7.00	\$6.00	\$6.25	
CRAB MEAT SALAD	\$5.45	\$6.70	\$5.70	\$5.95	
SHRIMP SALAD	\$5.45	\$6.70	\$5.70	\$5.95	
PEPPERONI	\$5.45	\$6.70	\$5.70	\$5.95	
ROAST BEEF	\$5.45	\$6.70	\$5.70	<i>\$5.95</i>	
BOLOGNA	\$4.50	<i>\$5.75</i>	\$4.75	\$5.00	
GENOA SALAMI	\$5.45	\$6.70	\$5.70	\$5.95	
LIVERWURST	\$4.25	\$5.50	\$4.50	\$4.75	
BOILED HAM	\$5.45	\$6.70	\$5.70	\$5.95	
HONEY HAM	\$5.45	\$6.70	\$5.70	\$5.95	
VIRGINIA HAM	\$5.45	\$6.70	\$5.70	\$5.95	
TURKEY BREAST	\$5.45	\$6.70	\$5.70	\$5.95	
PEPPER TURKEY	\$5.45	\$6.70	\$5.70	\$5.95	
SMOKED TURKEY	\$5.45	\$6.70	\$5.70	\$5.95	
HONEY TURKEY	\$5.45	\$6.70	\$5.70	\$5.95	
STORE BAKED TURKEY	\$5.95	\$7.20	\$6.20	\$6.45	
STORE BAKED ROAST BEEF	\$5.45	\$6.70	\$5.70	\$5.95	
STORE BAKED PORK LION	\$5.45	\$6.70	\$5.70	\$5.95	
CORNED BEEF	\$5.45	\$6.70	\$5.70	\$5.95	
PASTRAMI	\$5.45	\$6.70	\$5.70	\$5.95	
TURKEY PASTRAMI	\$5.45	\$6.70	<i>\$5.70</i>	\$5.95	
TURKEY CLUB TRIPLE DECKER (BLT)	\$6.95				
CAPPIACOLA	\$6.45	\$7.70	\$6.70	\$6.90	
SOPRESSOTO	\$6.45	\$7.70	\$6.70	\$6.90	
DIPARMA PROCCUITTO	\$6.45	\$7.70	\$6.70	\$6.90	
BACON, LETTUCE & TOMATO	\$4.50	<i>\$5.75</i>	<i>\$4.75</i>	\$5.00	
GRILLED CHICKEN CUTLET	\$5.45	\$6.70	\$5.70	\$5.95	
FRIED CHICKEN CUTLET	\$5.45	\$6.70	\$5.70	\$5.95	
FULL CHEESE SANDWICH	\$3.50	\$4.75	\$3.75	\$4.00	
GRILLED CHEESE SANDWICH	\$3.50	\$4.75	\$3.75	\$4.00	
ITALIAN HERO	\$6.20	\$6.45	<b>40.70</b>	91.00	
REUBEN	\$6.45	\$7.70	\$6.70	\$6.90	
FRESH MOZZARELLA & ROASTED PEPPERS		\$6.70	\$5.70	\$5.95	
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## SPECIALITY SAINDWIGHES

	ROLL	HERO
CRYING BULL Roast beef, brie, cheese, tomatoes with horseradish	\$6.45	\$7.25
STINKY BULL Roast beef, sauteed onions and mushrooms with melted mozzarella cheese	\$6.25	\$7.50
THE BULLY Roast beef, onions, tomatoes with horseradish sauce	<i>\$5.75</i>	\$6.95
CHICKEN RANCH Grilled chicken, bacon, cheddar, lettuce, tomatoes with ranch dressing	<i>\$6.75</i>	\$7.75
THANKSGIVING Turkey, coleslaw, and cranberry sauce	\$6.25	\$7.50
AVOCADO SUPREME Avocado spread, fresh mozzarella, lettuce, tomatoes, carrots with balsamic vineg	\$5.50 gar	\$6.75
SANTA FE Pastrami, ham, pepper jack cheese, lettuce, tomatoes with mustard	\$6.45	\$7.25
MICHTY MOUSE 3 cheeses of choice, roasted peppers, tomatoes and avocado	\$5.50	\$6.95
FINGER SANDWICH (Hero) chicken fingers, lettuce, tomatoes with honey mustard		\$6.25
THE MONSTER (Hero) 8 oz. choice of meat and cheeses		\$7.95
\$LOPPY JOE (Triple Decker) turkey, roast beef, comed beef, colesiaw with mustard and Russia	\$6.95 an dressing	
GARDEN PITA Lettuce, tomatoes, cucumbers, carrots, onion, provolone with Caesar dressing	\$5.25	
ORIENTAL PITA Grilled chicken, Mandarin oranges, lettuce, tomatoes with Sesame Dressing	\$6.25	

## GOT GEROS

CRAB CAKE	\$7.30	MEATLOAF	\$5.95
SHRIMP PARMESAN	\$7.30	BARBECUE CHICKEN	\$6.95
VEAL PARMESAN	\$7.30	BARBECUE BEEF	\$6.95
CHICKEN PARMESAN	\$6.95	CHICKEN TERIYAKI	\$6.95
MEATBALL	\$5.75	FRIED FISH	\$6.50
MEATBALL PARMESAN	\$6.25	PHILLY CHEESE STEAK	\$6.95
EGGPLANT PARMESAN	\$6.95	(Chicken or Beef) with mushrooms, or American cheese (peppers upon requ	
SAUSAGE AND PEPPERS	\$6.50		

## MEGETTY WRAPS

\$TEIN'S CEASAR WRAP Grilled chicken, mix of Romaine letuce and mixed greens, crushed croutons, parmesan cheese and Ceasar	\$5.75 dressing
ARTICHOKE HEARTS, ROASTED RED PEPPERS & TOMATOES  Cucumbers and romaine lettuce with pesto mayonnaise	\$6.95
AVOCADO, ONIONS AND FETA CHEESE With tzatziki sauce	\$6.50
BUFFALO CHICKEN Lettuce, tomatoes and bleu cheese	\$6.25
TURKEY Avocado, bacon and romaine lettuce	\$6.95
CALIFORNIA WRAP Crab meat, avocado, bacon and romaine lettuce	\$6.50
GRILLED CHICKEN Mangos, lettuce, tomatoes, with balsamic vinegar	\$6.75
CRILLED BUFFALO CHICKEN DELUXE Lettuce, tomatoes, bacon, and jack cheese	\$6.95
SHREDDED BEEF OR CHICKEN Spanish rice, lettuce, diced tomatoes, and avocados	\$6.95
CHARLESTON CHICKEN  Grilled chicken, rice, lettuce, tomatoes, and avocados	\$6.50
GRILLED CHICKEN PARMESAN Melted mozzarella and homemade tomato sauce	\$6.95
SMOKED TURKEY Gouda cheese, cucumbers, lettuce, tomatoes, and balsamic vinaigrette	\$6.95
GRILLED VECGIE PARMESAN  Mixed grill vegetables, fat-free parmesan cheese and homemade marinara sauce	\$6.95
EGGPLANT SORRENTO Fried eggplant, fresh mozzarella, spinach, roasted peppers and sun-dried tomato spread	\$6.95
PROCCUITTO, ARUGULA, AND FRESH MOZZARELLA Fresh basil, black olive spread and extra virgin olive oil	\$6.95
ULTIMATE ITALIAN  Ham, hot sopressoto, spicy pepperoni, Genoa salami, shredded mozzarella, diced olives, tomatoes, i field greens, pesto spread and sun-dried tomato spread	\$6.95 mixed
GRILLED CHICKEN Shredded mozzarella, mixed greens, shredded carrots, and cranberry mayonnaise served warm  SPECIALLY MEDITERRANEAN WRAPS	\$7.25
GRILLED CHICKEN, GRILLED VEGGIES & MIXED GREENS	\$7.25
MIXED COLD VEGGIES WITH CUCUMBER SAUCE	\$6.95
GRILLED CHICKEN WITH SAUTEED SPINACH Red onion and parmesan cheese	\$6.95
SUN-DRIED TOMATOES Spinach, eggplant, fresh mozzarella with garlic olive oil	\$6.50
GREEK WRAP  Grilled chicken, lettuce, feta cheese, banana peppers, black olives, grated cheese with Italian dressin	\$6.95

### MIGHTY SMOOTHIES

(Made with skim milk or Only "8" frozen yogurt) \$3.50 EACH Protein Powder Add \$1.00

MOCHA POMEGRANATE

COFFEE MANGO

KIWI FRENCH VANILLA

HAZELNUT IRISH CREAM

STRAWBERRY XANGO SUPPLEMENT

### SAYAD PLATITIERS

CHICKEN CAESAR SALAD	\$6.75
HOUSE TOSSED SALAD  Made with mixed greens, cucumbers, carrots, and tomatoes  With choice of chicken salad, egg salad, shrimp salad, tuna, or fat free tuna	\$4.50 \$6.75
CHEF ŞALAD Sliced turkey, ham, American cheese, mixed greens, roasted peppers, artichoke hearts, and t	\$6.75 fresh mozzarella
MESCALINE LETTUCE Grilled chicken and mixed berries	\$7.30
MIXED GREENS With spinach, goat cheese, walnuts, and sun dried tomatoes Add grilled chicken	\$7.30 \$7.95
MIXED GREENS With carrots, dried cranberries, cucumbers, and grilled chicken	\$7.30

### SANDWICH EXTRAS

	ROLL	HERO		ROLL	HERO
LETTUCE	NC	N/C	ROASTED PEPPERS	\$0.75	\$1.25
ONIONS	NC	NC	FRESH MOZZARELLA	\$0.75	\$1.25
HORSERADISH	NC	N/C	SUN DRIED TOMATO	\$0.75	\$1.25
TOMATOES	\$0.25	\$0.25	BRIE CHEESE	\$0.75	\$1.25
BACON	\$1.00	\$1.50	EXTRA CHEESE	\$0.45	\$0.45
AVOCADO SPREAD	\$0.25	\$0.25	EXTRA DELI MEAT	\$1.00 pe	r ounce
CUCUMBER	\$0.30	\$0.50			

## MAKE YOUR (

\$7/

COLUMN ONE

(1 Choice)

TURKEY

SMOKED TURKEY

CAJUN TURKEY

HONEY TURKEY

DELUXE HAM

HONEY HAM

GRILLED CHICKEN

BREADED CHICKEN

MORTADELLA

PORK LION

TUNA

CHICKEN SALAD

FRIED EGGPLANT

GRILLED VEGGIES

ROAST BEEF

COLUMN TIMO

(1 Choice)

MOZZARELLA

FRESH MOZZARELLA

FAT FREE MOZZARELLA

PROVOLONE

BRIE

PEPPER JACK

ASIAGO

AMERICAN

SWISS

ALPINE LACE SWISS

GOUDA

GOAT

MUENSTER

CHEDDAR

BLUE CHEESE

FETA

ADD EXTRAST

COLUMN 1 & 2 \$150

COLUMN 3 \$0.75

COLUMN 47 \$0,50

BREAD (1 choice)

(1 choice)

SUN-DRIED TOMATO

WHOLE WHEAT

SPINACH

PLAIN

# OWN PANINISH

25

COLUMN THREE

(2 Choices)

ROASTED PEPPER

ROASTED YELLOW PEPPER

CARAMELIZED ONIONS

MOZZARELLA STICKS

ONION RINGS

FRENCH FRIES

PORTOBELLA MUSHROOMS

MANGOS

PLANTAINS

CAPPICOLLA

BACON

CANADIAN HAM

TAYLOR HAM

PROSCIUTTO

GRILLED VEGETABLES

CRANBERRIES

ARTICHOKE HEARTS

THOUSAND ISLAND

COLUMN FOUR

(2 choices)

ARUGULA

MIXED GREENS

SPINACH

RICE

SAUERKRAUT

CARROTS

CUCUMBERS

DICED MIXED VEGETABLES

LETTUCE

TOMATOES

ONIONS

PICKLES

BANANA PEPPERS

SPREAD

(1 choice) FAT FREE SPREADS AVAILABLE

HOT SAUCE

MUSTARD RANCH

HONEY MUSTARD SUN-DRIED TOMATO SPREAD

MAYO BUFFALO SAUCE

CRANBERRY MAYO HUMMUS

GARLIC MAYO BALSAMIC VINAIGRETTE

OIL & VINEGAR

PESTO SPREAD

BLACK OLIVE SPREAD

ROASTED PEPPER SPREAD

BLUE CHEESE

AVOCADO SPREAD

## CHICKIEN PANINIS

(1) GRILLED CHICKEN, FRESH MOZZARELLA, ROASTED PEPPERS Fresh basil, sauted in balsamic vinaigrette dressing	\$7.25
(2) MIDDLE EASTERN V Grilled vegetables, homemade hummus and mixed greens	\$7.25
(3) GRILLED CHICKEN WITH ROASTED YELLOW PEPPERS Spinach mix, goat cheese, and balsamic vinaigrette dressing	\$7.25
(4) BREADED CHICKEN CUTLET SLICES OF HAM Honey mustard, lettuce, tomatoes and Swiss cheese	\$7.25
(5) CHICKEN FLORENTIN  Grilled chicken, spinach mixed with garlic, light mayo, Italian dressing, Provolone cheese, onions,	\$7.25 and oil
(6) GRILLED CHICKEN WITH PESTO SAUCE Fresh mozzarella, roasted peppers, and mixed greens	\$7.25
(7) FRIED CHICKEN BLT Chicken cutlet with bacon, lettuce, tomatoes, and mayo	\$7.25
(8) GRILLED CHICKEN WITH GOUDA CHEESE Avocado mayo, lettuce, shredded carrots, and cucumbers	\$7.25
(9) FRIED CHICKEN CUTLET WITH FRENCH FRIES American cheese, bacon, lettuce, and mayo	\$7.25
(10) COMBO MELT  1/2 Order of grilled chicken parmesan panini with grilled chicken, tomato sauce, fat free mozzarel order of mixed greens with balsamic vinaigrette dressing	\$7.25 lla and a side
(11) CHO GRILLED CHICKEN WITH FAT FREE GARLIC MAYO Lettuce, tomatoes, and fat free mozzarella	\$7.25
(12) GRILLED CHICKEN WITH BASIL SPREAD Roasted peppers, mixed greens and mozzarella cheese	\$7.25
(13) SLICED BUFFALO CHICKEN BREAST WITH PEPPER JACK CHEESE Lettuce, tomatoes and horseradish spread with sliced bacon	\$7.25
(14) SOUTHWESTERN CHICKEN BBQ Shredded Grilled Chicken with Peppers, Onions, Mangos And Shredded Mozzarella Cheese	\$7.25
(15) GRILLED CHICKEN WITH ROASTED PEPPERS Mixed greens, fresh mozzarella and balsamic vinaigrette dressing	\$7.25
(16) BREADED CHICKEN CUTLET, BUFFALO SAUCE, BLUE CHEESE Lettuce, tomatoes, and bacon	\$7.25
(17) GRILLED CHICKEN With roasted mixed peppers, spinach mix, Brie cheese and balsamic vinaigrette dressing	\$7.25
(18) BREADED CHICKEN CUTLET Lettuce, tomatoes, and Swiss cheese with honey mustard	\$7.25
(19) GRILLED CHICKEN WITH ROASTED PEPPERS HUMMUS Mixed greens, goat cheese, and sun-dried tomatoes	\$7.25
(20) BREADED CHICKEN CUTLET Roasted peppers, provolone cheese, lettuce, and balsamic vinaigrette dressing	\$7.25
(21) FRIED CHICKEN CUTLET WITH TOMATO SAUCE AND ONION RINGS Bacon, lettuce, and American cheese	\$7.25

(22) GRILLED CHICKEN WITH BRIE CHEESE Roasted peppers, mixed greens, and balsamic vinaigrette dressing	\$7.25
(23) GRILLED CHICKEN Goat cheese, mixed greens, roasted peppers, and balsamic vinaigrette dressing	\$7.25
(24) CHICKEN GYRO Lettuce, tomatoes, onions, and tzatziki sauce	\$7.25
(25) CHD GRILLED CHICKEN & SAUTED GARLIC SPINACH Grilled vegetables and fat-free mozzarelia	\$7.25
(26) GRILLED CHICKEN CAESAR Romaine, parmesan cheese, croutons, and Caesar dressing	\$7.25
REUDEN PANINIS	
(27) TURKEY PASTRAMI REUBEN Sauerkraut, lettuce, Swiss cheese and thousand island dressing	\$7.25
(28) PASTRAMI REUBEN Sauerkraut, shredded lettuce, Swiss cheese, and Russian dressing	\$7.25
(29) CORNED BEEF REUBEN Sauerkraut, lettuce, Swiss cheese and thousand island dressing	\$7.25
(30) SMOKED TURKEY REUBEN Sauerkraut, shredded lettuce, smoked mozzarella, and Russian dressing	\$7.25
(31) RAGING CAJUN TURKEY REUBEN Sliced Cajun turkey, sauerkraut, Swiss cheese, lettuce, and Russian dressing	\$7.25
(32) ROAST BEEF REUBEN Sauerkraut, lettuce Swiss cheese and Russian dressing	\$7.25
CHAM PANING	
(33) HAM, LETTUCE, TOMATOES, BRIE	\$7.25
(34) HAM, GOUDA, MIXED GREENS Roasted peppers and sun-dried tornato spread	\$7.25
(35) PROSCIUTTO, FRIED MOZZARELLA, TOMATOES, & BASIL Mixed greens and mayo	\$7.25
(36) HAM, MOZZARELLA, ROASTED PEPPERS, SPINACH & PESTO	\$7.25
(37) ITALIAN  Ham, salami, pepperoni, lettuce, roasted peppers, fresh mozzarella, slices of prosciutto, oregano, black olive spread	\$7.25
(38) ITALIAN 2 Ham, salami, pepperoni, lettuce, tomatoes, provolone, mayo, oil and vinegar	\$7.25
(39) SPICED HAM, PROSCIUTTO Fresh mozzarella, roasted red peppers, lettuce, salami, pepperoni and Italian dressing	\$7.25
(40) SLICED HAM WITH AMERICAN CHEESE Tomatoes, Bacon, Lettuce, And Mayo	\$7.25
(41) SLICED HAM WITH SLICED SALAMI, PEPPERONI, HOT CAPPOCOLA Tomatoes, lettuce, pepper jack cheese, and oil & vinegar	\$7.25
CH) FOR MENUNY SELECTIONS ON MENU	

## GAM PANINES

(42) THE CUBAN Store-baked pork lion with sliced pickles, lettuce, mustard, Swiss cheese, and sliced ham	\$7.25
(43) COMBO OF ROAST BEEF AND SLICED TURKEY Bacon, lettuce, tomatoes, American cheese and mayo	\$7.25
TURKEY PANING	
(44) COSMOPOLITAN Sliced turkey, baby spinach, monterrey jack cheese, caramelized onions and cranberry mayo	\$7.25
(45) SLICED TURKEY WITH MUENSTER CHEESE Lettuce, tomatoes, slices of bacon, and hot bacon dressing	\$7.25
(46) SMOKED TURKEY AVOCADO SPREAD Swiss cheese, tomatoes, basil, cucumbers, and mayo	\$7.25
(47) TURKEY WITH AVOCADO MAYO Diced mixed vegetables, roasted peppers, mixed greens, and honey mustard	\$7.25
(48) TURKEY WITH MUENSTER CHEESE Lettuce, tomatoes, bacon, and honey mustard	\$7.25
(49) TURKEY ITALIAN Sliced turkey, pepperoni, salami, provolone cheese, bacon lettuce, tomatoes and oil & vinegar	\$7.25
(50) TURKEY WITH FRESH MOZZARELLA  Mixed greens, roasted peppers, and balsamic vinaigrette dressing	\$7.25
(51) CHO LOW FAT, LOW SODIUM TURKEY WITH APPLE & ALPINE LACE SWISS CHEESE Roasted peppers, mixed greens, and reduced calorie honey mustard	\$7.25
(52) SMOKED TURKEY WITH GOUDA CHEESE Shredded carrots, mixed greens, roasted peppers and avocado spread	\$7.25
(53) WILD THING Cajun seasoned turkey, Monterrey Jack cheese, bacon, lettuce, tomatoes, and hot pepper spread	\$7.25
(54) SLICED TURKEY WITH BACON, CHEDDAR CHEESE, LETTUCE, TOMATOES	\$7.25
(55) TURKEY WITH MIXED GREENS Asiago cheese, roasted peppers, and pesto spread	<i>\$7.25</i>
(56) SMOKED TURKEY WITH SWISS CHEESE, BACON, LETTUCE, TOMATOES AND MAYO	\$7.25
(57) THE ULTIMATE Sliced turkey, ham, pepperoni, salami, lettuce, tomatoes, fresh mozzarella, and oil & vinegar	\$7.25
(58) TURKEY WITH GOUDA CHEESE Mixed greens, roasted peppers, and caramelized onions	\$7.25
(59) SLICED SMOKE TURKEY Baby spinach, roasted peppers, Monterrey Jack, cheese, caramelized onions, and cranberry mayo	\$7.25
(60) CHO TURKEY MIXED DICED VEGGIES  Mixed greens, cranberries, caramelized onions, yellow peppers, and honey mustard dressing	\$7.25
(61) CAJUN TURKEY WITH PEPPER JACK CHEESE Shredded lettuce, tomatoes, bacon with salsa	\$7.25
(62) SMOKE HOUSE Smoked turkey with smoked mozzarella, lettuce, roasted peopers, and honey mustard	\$7.25

(63) SLICED TURKEY CLUB TRIPLE PLAY Turkey with slices of roast beef, American cheese, lettuce, tomatoes, bacon, and mayo	\$7.25
(64) SLICED SMOKE TURKEY WITH ASIAGO CHEESE Lettuce, tomatoes, horseradish, bacon, and mayo	\$7.25
(65) TURKEY WITH MUENSTER Apple, spinach, roasted pepper, and ham	\$7.25
(66) TURKEY WITH TAYLOR HAM Lettuce, tomatoes, American cheese, and mayo	\$7.25
(67) TURKEY, FETA CHEESE, & BANANA PEPPERS Lettuce, tomatoes, onions, black olive spread, and oil & vinegar	\$7.25
(68) TURKEY WITH BRIE CHEESE Roasted peppers, mixed greens, and balsamic vinaigrette dressing	\$7.25
(69) SMOKED TURKEY Lettuce, cheddar cheese, onions and cranberry mayo	\$7.25
(70) TURKEY AND ARTICHOKE HEARTS Spinach, roasted peppers and balsamic vinaigrette dressing	\$7.25
(71) TURKEY, ONIONS, CREAM CHEESE Cranberry sauce, lettuce, tomatoes and coleslaw	\$7.25
(72) TURKEY Sliced apple, Asiago cheese, lettuce and cranberry mayo	\$7.25
(73) SMOKED TURKEY Goat cheese, mixed greens, roasted peppers, and black olives	\$7.25
(74) TURKEY WITH CHEDDAR CHEESE Roasted peppers, mixed greens, and ranch dressing	\$7.25
(75) TURKEY WITH TAYLOR HAM Lettuce, tomatoes, mozzarella cheese, and mayo	\$7.25
(76) TURKEY WITH FETA CHEESE, BLACK OLIVES, & BANANA PEPPERS Sun-dried tomato spread, lettuce, tomatoes, onions, and balsamic vinaigrette dressing	\$7.25
(77) SMOKED TURKEY WITH FRENCH FRIES Mixed greens, roasted peppers, and balsamic vinaigrette dressing	\$7.25
(78) CH) TURKEY WITH FAT FREE MOZZARELLA Mixed greens, roasted peppers, and balsamic vinaigrette dressing	\$7.25
MEANS AND MORE PANING	
(79) BEEF GYRO Lettuce, tomatoes, onions, and tzatziki sauce	\$7.25
(80) CHICKEN SALAD Lettuce, tomatoes, bacon, and Swiss cheese	\$7.25
(81) SLOPPY PANINI Com beef, pastrami, lettuce, Swiss cheese, and mustard	\$7.25
(82) ALL WHITE MEAT TUNA Swiss cheese and tomatoes	\$7.25
(83) CHD FAT FREE TUNA PANINI Diced vegetables, shredded lettuce, tomatoes, and fat free mozzarella	\$7.25

## MEATS AND MORE PANINIS

(84) ALL WHITE MEAT TUNA Sliced artichokes, chopped olives, and mozzarella cheese	\$7.25
(85) BACON CHEESE BURGER DELUXE 6 oz. hamburger with cheddar cheese, bacon, lettuce, tomatoes and french fries	\$7.25
(86) PHILLY CHEESE STEAK Mushrooms, onions, and mozzarella cheese	\$7.25
(87) PLCO Panini with lox, cream cheese, onions, and cucumbers	\$7.25
(88) ROAST BEEF, MOZZARELLA, & CARAMELIZED ONIONS Horseradish, lettuce, and tomatoes	\$7.25
(89) ROAST BEEF, BRIE CHEESE Mixed greens, roasted peppers, and wasabi mayo	\$7.25
ECCALANT PANINIS	
(90) FRIED EGGPLANT CUTLET WITH ROASTED PEPPERS Fresh mozzarella, pesto hummus, and mixed greens	\$7.25
(91) FRIED EGGPLANT WITH SUN-DRIED TOMATO SPREAD Mixed greens, roasted peppers, fresh mozzarella, and balsamic vinaigrette dressing	\$7.25
(92) VECCIE MELODY Mixture of grilled vegetables, fresh mozzarella, mixed greens, roasted red & yellow peppers	\$7.25
(93) FRIED EGGPLANT WITH SUN-DRIED TOMATO SPREAD Spinach, roasted peppers, and fresh mozzarella	\$7.25
(94) FRIED EGGPLANT CUTLET WITH FRESH MOZZARELLA Mixed grilled vegetables, roasted peppers, mixed greens, and balsamic vinaigrette dressing	\$7.25
(95) FRIED BREADED EGGPLANT WITH ROASTED PEPPER SPREAD Sun-dried tomatoes, fresh mozzarella, and mixed greens	\$7.25
(96) MIXED GRILLED VEGGIES Mixed greens, goat cheese spread and honey mustard	\$7.25
(97) FRIED EGGPLANT CUTLET WITH ROASTED PEPPERS Fresh mozzarella, mixed greens with our own pesto spread	\$7.25
(98) (H) MIXED GRILLED VEGETABLES WITH FAT-FREE MOZZARELLA Spinach with a light spread of garlic and herb mayo	\$7.25
(99) FRIED EGGPLANT CUTLET WITH ROASTED PEPPERS Fresh mozzarella, hummus, and mixed vegetables	\$7.25
(100)MIX OF GRILLED ZUCCHINI, SQUASH, EGGPLANT, PEPPERS Topped with spinach, roasted peppers and mixed greens	\$7.25
(101) FRIED EGGPLANT CUTLET WITH FRESH AVOCADO SPREAD Fresh mozzarella, roasted peppers and mixed greens	\$7.25
(102) PORTOBELLO, ROASTED PEPPERS Hummus, spinach, and Muenster cheese	\$7.25
(103) SPINACH, BLACK OLIVE SPREAD  Tomatoes, onions, mushrooms, artichoke hearts, and mozzarella cheese	\$7.25

## HOT OFF THE GRALL

HAMBURGER	\$3.75	BUFFALO BURGER DELUXE	\$6.75
HAMBURGER DELUXE	\$5.50	OSTRICH BURGER	\$5.25
CHEESE BURGER	\$4.25	OSTRICH BURGER DELUXE	\$6.75
CHEESE BURGER DELUXE	\$5.95	BACON CHEESE BURGER DELUXE	\$6.95
TURKEY BURGER	\$3.95	BEEF GYRO	\$4.75
TURKEY BURGER DELUXE	\$5.95	CHICKEN GYRO	\$4.75
CHICKEN BURGER	\$3.95	HOT DOG	\$1.75
CHICKEN BURGER DELUXE	\$5.95	2 HOT DOGS WITH FRIES	\$5.50
VEGGIE BURGER	\$4.50	Burgers are dressed with lettuce and tom	atoes
VEGGIE BURGER DELUXE	\$6.50	Deluxe Meals come with fries	
BUFFALO BURGER	\$5.25	Add \$.50 for onion rings	
STOTES		FINGER FOODS	
FRIES	\$2.25	CHICKEN FINGERS	\$4.95
CHEESE FRIES	\$2.75	CHICKEN FINGERS WITH FRIES	\$6.95
CAJUN FRIES	\$2.75	SHRIMP WITH FRIES	\$6.95
FRIES & GRAVY	\$2.75	PIZZA BAGEL	\$3.50
ONION RINGS	\$2.95	PIZZA BAGEL WITH FRIES	\$6.95
MOZZARELLA STICKS	\$3.25	WINGS	\$4.95
MAC & CHEESE	\$3.00	WINGS WITH FRIES	\$6.95
MAC & CHEESE WITH MEATBALLS	\$3.75	CLAMS WITH FRIES	\$6.95
POTATO SALAD	\$2.00	FRIED COMBO	\$6.95
MACARONI SALAD	\$2.00	1/2 wings & 1/2 chicken fingers with fries	
PASTA SALAD	\$3.00		
COLESLAW	\$2.00		
SQUARE KNISH	\$2.25		

### SPREADS

PESTO SAUCE

BLACK OLIVE SPREAD

SUN-DRIED TOMATO SPREAD

CARLIC MAYONNAISE

CRANBERRY MAYONNAISE

PESTO MAYONNAISE

AVOCADO MAYONNAISE

FAT FREE GARLIC MAYO

FAT FREE CRANBERRY MAYO

## SAMPLE CATTERING MENU

### BREAKFAST

#### CORPORATE BREAKFAST

\$4.95 per person

Assorted bagels & muffins arranged on a platter accompanied by an assortment of cream cheeses and butter.

#### THE ULTIMATE BREAKFAST

\$14.50

Scrambled eggs, bacon, sausage, home fries, Texas french toast, fruit tray, bagels, assorted rolls & danishes, butter, cream cheeses & jelly.

FRESH FRUIT BOWL

\$3.00 per person

COFFEE AND JUICE SERVICE

\$1.00 per person

### /LUINGH

SANDWICH PLATTER

\$8.50 per person

Assorted sandwiches and wraps arranged on a platter and accompanied by choice of two salads.

HOT HERO PLATTER

\$8.95 per person

Hot heros cut up in thirds arranged on a platter and accompanied by choice of two salads.

### DESSER

COOKIE PLATTER

Assorted cookies, brownies and blondies arranged on a platter.

\$1.75 per person

### CORPORATTE ACCOUNTS WIELCOME



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